

**ASSIGNMENT BRIEF 2023 -2024**

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| Course Title: Health Service Skills | Module Title: Care Support |
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| Course Code: 5M3782 | Module code: 5N0758 |
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| Class: STA 1145 | Tutor: Suzanne Fitzpatrick |
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| Assessment Technique: Assignment | Weighting 30% |
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| Guidelines:  **The learner is required to demonstrate the ability to plan and provide enhanced quality care and apply knowledge gained to plan and meet the needs of the individual client.** Evidence should include.   * Identification of the Activity including **consultation with the client.** * Details of **planning** materials / resources needed. * Details of effective **communication with other personnel, supervisor, and other team members.** * **Detailed account of how the activity was carried out** demonstrating best practice that will enhance the client’s independence and dignity. An awareness of safety and best practice throughout the activity. * **An evaluation of the impact that the activity had on the client.**   Learning Outcomes 3&4 (outlined in the module programme  Assessment Criteria:  Pass A student must achieve a minimum of 50% to achieve a Pass.  Merit A student must achieve a minimum of 65% to receive a merit .  Distinction A student must achieve a minimum of 80% to achieve a distinction.  **Issue Date: 16/04/2024 Submission Deadline: 16/05/2024**  **I confirm that I understand the assignment details outlined above and undertake to submit the assignment on or before the deadline given and to keep a copy of any written assignment submitted.**  **Student name: Happines Malinga Date: 16/04/2024**  **ASSIGNMENT SUBMISSION**  **NB Assessments must not be submitted using poly-pockets.**  **I confirm that the work I hereby submit is my own unaided work.**  **Student name: Happines Malinga**  **Teacher: Suzanne Fitzpatrick**  **CARE SUPPORT ASSIGNMENT**  **Guidelines/ marking scheme**  **Assignment 30%** | |
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**Please type assignment. 1.5 spacing. Font size 12 and justify the margins. Below are guidelines for what to include in this assignment.**

**Introduction ( 1 mark)**

* **This is where you present an overview of what you did in your social activity. Give a brief profile of the clients who are participating in the activity. Explain where you are working, the profile of your client/clients, their needs, and their background.**

*My name is Happines Malinga I work in private home care. My client’s name is Mary Boyle she is 84 years old. who lives with her daughter in her home in Ongar. Mary had a CVA (cerebral vascular accident/stroke) a few years ago. She is in wheelchair bond and needs assistance with her physical care. Her speech is slightly impaired, but she can speak and can be understood when you come near to her and make eye contact with her and read her lips. She understands everything, she has a left sided weakness to her arm and leg. Mary needs assistance with feeding, her food chart is kept daily to record what Mary is eating, she needs assistance with toileting, exercising and companionship. Before Mary had a stroke, she was active, she enjoyed going out every Friday to meet with her two sisters for lunch in a nearby café. and attended her local church twice a week for mass.*

*The activity I plan for Mary is to take her to the local café to meet with her sister for lunch every Friday.*

**Identification of the Activity including consultation with the client. (3 marks)**

* **Think about when Suzanne Introduced the assignment to the class, I started to think about what activity would be suitable for my client or group of older people. To consult with the client /group, we discussed the different types of activities would be suitable for the client/ older person. The client and I decided that the activity suitable would be…….**

**Details of planning materials / resources needed. (3 Marks)**

* **Say here how you organised the material/ resources needed for the activity. Where did you get them etc. Budgeting etc think also about the room, chairs table needed etc.**

*In preparation for my client’s day out of activities, I start by making the phone call to the supervisor at the local café to book a table for three people, I will explain to her that I will also need the ramp for the wheelchair to gain the entrance to the café. I would also ring the taxi company to arrange the suitable taxi that is wheelchair accessible, I book it few days before the actual day, after all the bookings and planning, I calculated the budget that would be needed for the activity, and Mary’s daughter in Mary’s took care of the finance. I also rang Mary’s sister and confirm the time of booking. Mary and her sisters love to play cards, which Mary’s has them at home, all I needed to do was to bring the cards with us to the café**, I suggested to Mary’s daughter Elva to arranges the puzzle since are great for mental stimulation and Mary loves them to.*

**Details of effective communication with other personnel, supervisor, and other team members (3marks)**

* **Think about discussing with the supervisor other HCAs in relation to the activity. Organizing a date, time when the activity would take place**.

*I discussed with my supervisor and the other healthcare assistance who are working for Mary about the activity I have organised for the client, which was on May 20th at 13:00 at Ryan’s Village Café. Which was a success and Mary was pleased about it, and she’s looking forward to the next one.*

**Give an account of how the activity was carried out. (6 Marks)**

* **Discuss how you demonstrated best practice that enhanced the client’s independence *and dignity, empowered the clients****.*

*The basic rules of dignity, respect and privacy should be adhered to whenever intimate procedures are being carried out. Apply to Mary, I as a health care assistant, I will ensure that the door is closed to always obtain Mary’s privacy and dignity, using the bathroom I would assist Mary using the hoist to the toilet seat and ensure that she is safe, before leaving her in the bathroom, I wait outside the door. and then give her privacy and independence, since she is well able, until she is finished.*

**An awareness of safety and best practice throughout the activity. (4 Marks)**

* **Brief discussion how you maintained a safe and hygienic environment for the client/s from start to finishing the activity**.

*As Mary had a cerebral vascular stroke, she requires equipment to transfer her from one place to another, such as hospital bed, wheelchair, commode, when transferring Mary, I would ensure that all equipment is clean and working properly, when I suspect that the equipment is not working, I will report them immediately*,

*Before meeting Mary I will first attend to hands hygiene, wear PPE, if necessary, give clear instruction of what we are about to do when moving her using equipment to ensure her safety. and give explanation as we go through the task. when using a hoist, I would ensure that I also have someone to assist me as two people are needed for the task, maintain safety by applying manual handling guidelines, when moving her, ensure there are no obstructions, move furniture if necessary to allow room to maneuver, I would ensure to apply brakes at all times, and safety belt, and use the rail and the remote control for the bed, to maintain safety for my back and the safety for Mary. After using the equipment, I will make sure I clean them, charge the hoist, and make sure is working properly*. *Before starting the feeding process, I would prepare myself. Attending to hand hygiene first, wear PPE or apron if necessary. And next I will prepare Mary, introduce myself and gain consent from her. I will ask her which room she would like to eat in, assist her washing her hands*. *The role for us as a healthcare assistant is to ensure that the client’s environment is clean. I make sure I put out clean towels and bed sheets and put the dirty ones in the washing, and clean the kitchen, bedroom, and the living room.*

**An evaluation of the impact that the activity had on the client.**

*The activity had a positive impact on her, she was looking forward to it, it gives her opportunity to get out of the house and socialise not only with her sister but with other people she knows that she bumps into at the café when she is there.*

* **How do you feel it went? (3 marks**)

*I believe that the activity is always a success Mary loves spending time with her sisters and she’s always looking forward to it every week.*

* **How did the client react to the activity**? (3 marks)

*She was excited and enjoyed herself, even though she was tired afterward, but she had a great time.*

* **if you were to do the activity again, what would you do differently**. (3 marks)

*I would suggest to Mary to try playing board games if she is interested because is a great option for groups or family to play together.*

**Conclusion (1 mark)**

*The activity was a huge success, spending time at an even is great for making friends, or catching up with old acquaintances can have a significantly positive impact on her overall wellness. I suggested to Mary’s daughter Elva to arranges the puzzle and board games since are great for mental stimulation and Mary loves them.*